



November Newsletter

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Bristol Open Results! 🎉

Team Mythic took part in one of the biggest international kickboxing events on October 19th-20th, the Bristol Open. We brought 11 of our advanced competitors, and everyone showcased their skills, determination, and hard work. We're proud of their incredible performances and the results they achieved! 🏆🥈🥉

Our Team's Medals:

- Isaac: Gold in Creative Weapon
- Alex: Gold in Traditional Form, Bronze in Light Contact, Bronze in Point Fighting
- Ivanna: Gold in -18kg Point, Silver in -21kg Point
- Max Harding: Silver in Point, Silver in Light Contact
- Lilly: Bronze in Light Contact
- Phoebe: Bronze in Point Fighting
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Our team came home with a total of 3 Gold, 3 Silver, and 4 Bronze medals! Moving forward, we're excited to welcome new members to join us on this journey. Let's keep growing and achieving together!





Welcome to the Team, Lilly! 🌟

We're thrilled to introduce our newest team member, Lilly, who will be joining us at Reception! You'll see her warm smile every Thursday as she welcomes everyone to the gym. Don't forget to stop by and say hi!



Mythic Martial Arts ! Join Us for Our Annual Interclub Tournament!

We are excited to announce our annual Interclub Tournament for Semi-Contact and Light Contact divisions, aimed at providing a great experience for beginners looking to try out competing in a supportive environment.

Event Details:

- **Date:** Sunday, 17th November
- **Doors Open:** 9:30 AM
- **First Category Starts:** 10:30 AM

We have successfully organized many interclub events in past years, earning a strong reputation for quality and fairness. This year, all categories will use a round-robin format, ensuring participants get as much mat time as possible.

There will be fantastic medals for all categories:

- **Gold and Silver** for the top competitors
- **Bronze** for all participants to recognize their effort!
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Competition Levels:

- **Novice:** For those with interclub and regional competition experience only, and less than 1 year of sparring.
- **Beginner:** Following WAKO guidelines, for competitors with under 1 year of competition experience.
- **All Level:** Open to everyone, regardless of experience.
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Registration:

Please register in Reception if interested or through the link below.

<https://www.kihapp.com/tournaments/17247-mythic-martial-arts-kickboxing-inter-club>

- **Registration Deadline:** Thursday, 14th November (this allows time for any necessary adjustments to the categories)
- **Cost per Category:** £15
- **Spectators:** £5 for ages 16 and over, free for those 15 and under. Payment is on the door.

If you need any assistance with the registration process, feel free to drop me a message or speak with me at the gym. I look forward to seeing many of you participate and support this exciting event!

Best regards,
Andy Wu





17 Upcoming Grading – Sunday, 24th November!

Mark your calendars! Our next grading session is coming up, so be prepared to showcase your hard work and progress.

Schedule:

- Taekwondo Group: 13:00
- Kickboxing Junior & Cadet Group: 15:30
- Teens & Adult Group: 17:00
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We're excited to see everyone's dedication in action. Best of luck, and let's make it a great day!

Christmas Party!

It's that time of year again—time to book your spot for the Christmas Party before it sells out! This event has been a sell-out every year, and after the success of previous years, we're excited to host our Christmas Party again on Sunday, 15th December 2024, from 4:00 PM to 6:00 PM.

The event is an exclusive hire for our members, with tickets priced at £7.50 per person. You can register through the app or at the reception. Don't forget to complete the waiver on the Adrenalin Leisure website and bring your special socks! Be sure to book early—we can't wait to celebrate with you!

