



September Newsletter

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Welcome, Coach Aleksis!



We are excited to officially welcome Coach Aleksis to the team as a full-time coach this September. Aleksis has been training with Coaches Andy and Mike since the age of 4 and has served as an assistant coach for the past three years. With his dedication and experience, he has now been promoted to lead coach.

Coach Aleksis will be leading the following classes:

- Monday Junior Class: 4:30 PM – 5:15 PM
- Saturday Junior Class: 10:00 AM – 10:45 AM
- Saturday Adult Class: 11:00 AM – 12:00 PM

We're thrilled to have him on board!



Farewell to Our Leavers

It's that time of year again! We're saying goodbye to some of our long-term students as they embark on their new adventures at university. While it's bittersweet, we're incredibly proud of them and wish them all the best in their next chapter.

We'd also like to bid farewell to our summer visitors. It was great having you back for training, and we look forward to seeing you again during the Christmas break! Good luck and see you soon!



Exciting Month Ahead!

We have a busy schedule coming up with three competitions on the horizon. Let's wish our competitors the best of luck, especially those participating for the first time!

- Oxfordshire Open (15th September): Logan, Daisy, Ava, and Samuel
- GB Grand Slam (22nd September): Alexander, Ivanna, Ignacy, and Gabriel
- WAMC World Open (22nd September): Ivy, Kayden, Lilly, Phoebe, and Violet
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Additionally, grading is just 3 weeks away! This will be a major event for Advanced Kickboxing, with over 20 students going for high grades and more than 10 aiming for their black belt or Dan Degree. It's going to be an exciting one to watch, so feel free to join us on 29th September at 4:30 PM and cheer them on! Good luck to all our athletes—we're cheering for you!



Christmas Party!

It's that time of year again—time to book your spot for the Christmas Party before it sells out! This event has been a sell-out every year, and after the success of previous years, we're excited to host our Christmas Party again on Sunday, 15th December 2024, from 4:00 PM to 6:00 PM.

The event is an exclusive hire for our members, with tickets priced at £7.50 per person. You can register through the app or at the reception. Don't forget to complete the waiver on the Adrenalin Leisure website and bring your special socks! Be sure to book early—we can't wait to celebrate with you!



Don't Miss Out on Our Special Offer!

Our new Premium T-shirt looks incredible, and the special offer is still available until Friday, 20th September. Get £5 off while the offer lasts—grab yours before it's gone!